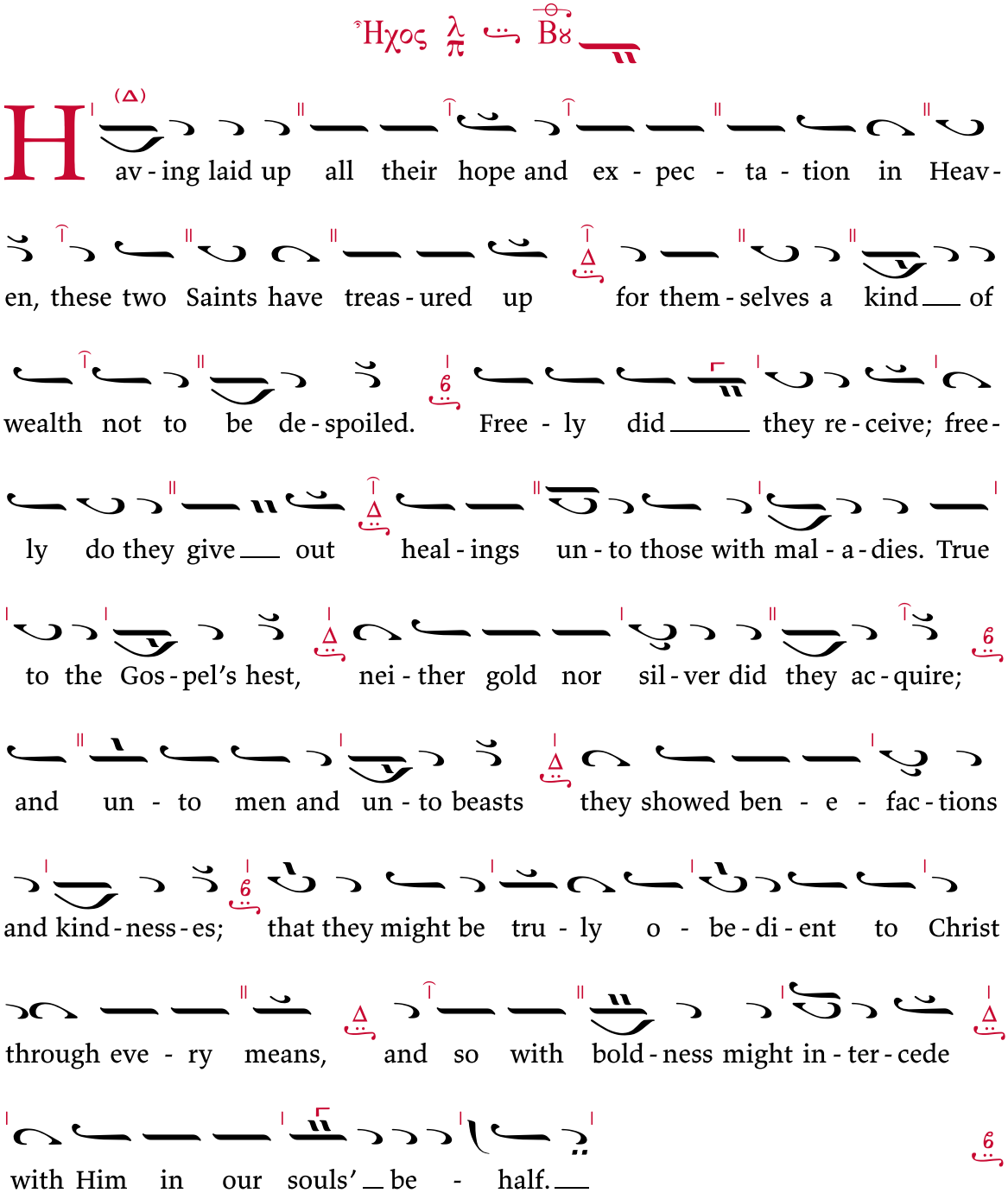
# “Having laid up all their hope…”

«Ὅλην ἀποθέμενοι…»

*Sticheron at “Lord, I have cried…” for Saints Cosmas and Damian (November 1), Plagal of Second Mode*

Adapted from John the Protopsaltis by Basil Crow

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