

# Ode One

Plagal of Fourth Mode

Basil Crow

Ἦχος λ π ς̣

*The Heirmoi of the Canon are not chanted during the service of the Small or Great Supplicatory Canon. We include them, however, because this Canon is chanted with the Heirmoi as the first Canon during Matins for those feasts of Saints on which the Paraklitiki is not used and which do not have a special Canon to the Mother of God.*

**T**<sup>(M)</sup> rav - ers - ing <sup>(Γ)</sup> the wa - ter as on dry <sup>(M)</sup> land, <sup>(N)</sup> and there - by es -  
cap - ing from the <sup>(Γ)</sup> toils of E - gypt's land, <sup>(Γ)</sup> the Is - rael - ites cried a -  
loud, pro - claim - ing: <sup>(Γ)</sup> Un - to our God and Re - deem - er let us  
now sing.

**M**<sup>(M)</sup> ost Ho - ly <sup>(N)</sup> Moth - er of God, save <sup>(Γ)</sup> us.

**B**<sup>(M)</sup> y man - y <sup>(Γ)</sup> temp - ta - tions am I dis - tressed; <sup>(N)</sup> in search of sal -  
va - tion, un - to thee have I tak - en <sup>(Γ)</sup> flight; <sup>(Γ)</sup> O Moth - er of the  
Word, thou Ev - er - vir - gin, <sup>(Γ)</sup> from all or - deals and af - flic - tions

de - liv - er me.

de - liv - er me.

**M**ost Ho - ly Moth - er of God, save us.

**A**t - tacks of the pas - sions dis - qui - et me; my soul to

re - ple - tion hath been filled with de - spond - en - cy; be - still them,

O Maid - en, with the calm - ness of thine own Son and thy God, O

all - blame - less one.

**G**lo - ry to the Fa - ther, and to the Son, and to the Ho - ly

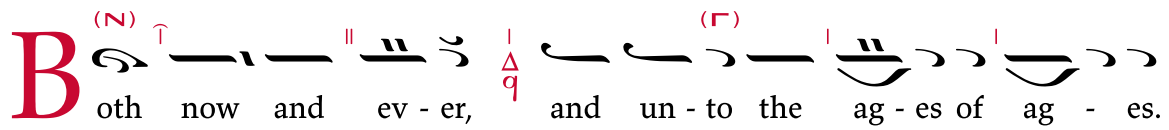
Spir - it.

**T**o Christ God, the Sav - iour, thou gav - est birth; I beg thee,

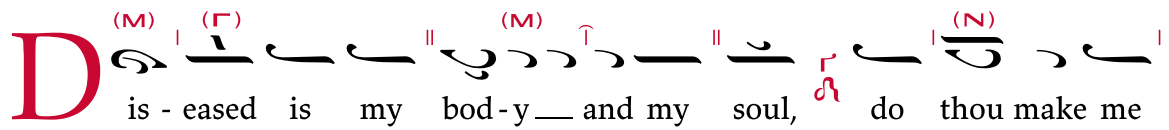
O Vir - gin, from af - flic - tions de - liv - er me; for now un - to

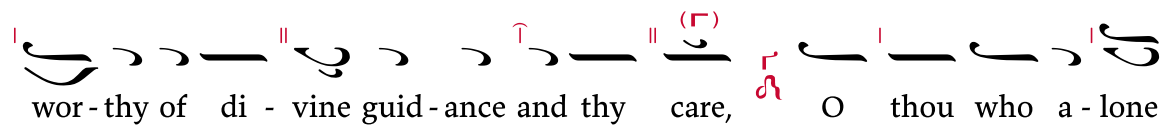
thee I flee for ref - uge, bring - ing to thee both my soul and my

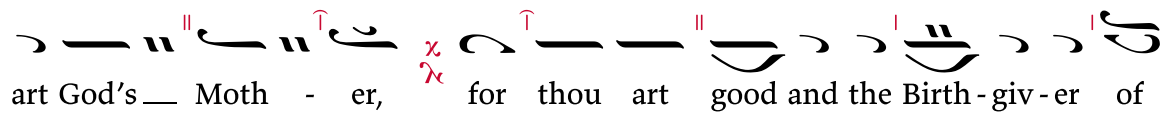
rea - son - ing.

**B**<sup>(N)</sup>  Both now and ev - er, and un - to the ag - es of ag - es.

 A - men.

**D**<sup>(M)</sup>  Dis - eased is my bod - y and my soul, do thou make me

 wor - thy of di - vine guid - ance and thy care, O thou who a - lone

 art God's Moth - er, for thou art good and the Birth - giv - er of

 the Good.